

NOTES FOR PHYSICIANS

HEDIS

CONTROLLING HIGH BLOOD PRESSURE

Definition:

- The percentage of members 18-85 years of age who had a diagnosis of hypertension (HTN) during the measurement year who had their BP adequately controlled during the measurement year (Jan 1-Dec 31 each year).
- **Adequately controlled is < 140/90**
- The following are acceptable notations of HTN diagnosis in the medical record:
 - ✓ HTN
 - ✓ Borderline HTN
 - ✓ Hypertensive vascular Dx (HVD)
 - ✓ HBP
 - ✓ Intermittent HTN
 - ✓ Hyperpiesia
 - ✓ Elevated BP
 - ✓ Hx of HTN
 - ✓ Hyperpieses
- Statements NOT sufficient for diagnosis of HTN:
 - ✓ R/O HTN
 - ✓ Questionable HTN
 - ✓ Possible HTN
 - ✓ Consistent w/ HTN
 - ✓ White-coat HTN
- Diagnosis of HTN is made between January 1 and June 30 of the measurement year (Jan 1-Dec 31 each year) during at least 1 outpatient visit/encounter.
- Control is demonstrated by those members with the most recent adequately controlled BP (< 140/90) documented in the medical record after the diagnosis has been made.
- *Please get your members back in the office for BP checks to ensure that the HTN is adequately controlled!*