

NOTES FOR PHYSICIANS

HEDIS Adult BMI Assessment

Definition:

- The percentage of members 18-74 years of age who had an outpatient visit and whose BMI (Body Mass Index) was documented **during the measurement year (Jan 1 thru Dec 31) or the year prior to the measurement year.**

Requirements:

- Documentation must include:
 - ✓ BMI value (required)
 - ✓ Weight (required)
 - ✓ Height (optional)
- Must be documented during the current measurement year (Jan 1 thru Dec 31) **OR** during the year prior to the current measurement year.