



TOTALLY THERE FOR YOU

TOTAL GOLD HMO HDHP \$1,500/20%

Cost Share for Medical Expenses	Individual	Family
Annual Deductible (Aggregated*)	\$1,500	\$3,000
Coinsurance	20%	20%
Cost Share for Pharmacy Expenses (Copays apply toward Max Out-of-Pocket; pay Copay or 50% of charges, whichever is less)		
Deductible and Coinsurance	Integrated with Medical	Integrated with Medical
Generic Copay	20% Coinsurance after Deductible	20% Coinsurance after Deductible
Preferred Brand Copay	20% Coinsurance after Deductible	20% Coinsurance after Deductible
Non-preferred Brand Copay	20% Coinsurance after Deductible	20% Coinsurance after Deductible
Specialty Drug Coinsurance	20% Coinsurance after Deductible	20% Coinsurance after Deductible
Maximum Out-of-Pocket Expense		
Integrated Medical and Prescription	\$3,000	\$6,000

*If you have other family members on the policy, the overall Deductible must be met before the Plan begins to pay.

NOTES AND DISCLAIMERS

Your **Certificate of Coverage** provides you with important information about how to properly use your health insurance. It includes information about your health care benefits, including Prior Approval requirements for certain services.

This **Schedule of Out-of-Pocket Expenses** lists your costs when you receive health care. It also shows you the maximum benefit you will receive for any health care service.

Please read the Certificate and this Schedule to fully understand the benefits you are and are not entitled to receive.

Services are Covered when they are:

- **Medically/Clinically Necessary*** when provided by your Affiliated Physician or provided by a Participating Provider and when you have advance approval by us when we consider approval required (except in a Medical Emergency), or provided by an Out-of-Network Provider upon referral from your Affiliated Physician and with Prior Approval.
 - * (As defined in the Certificate and according to Medical and Behavioral Health policies made by Total Health Care USA with the input of Physicians not employed by Total Health Care USA or according to reputable sources.)
- **Out-of-Network Services:** Costs associated with services obtained Out-of-Network (unless services were the result of a Medical Emergency or Accidental Injury or Urgent Condition as defined in your Certificate of Coverage) will not apply towards your Maximum Out-of-Pocket Expense, nor will they apply towards satisfying your Deductible or Coinsurance.
- **Emergency Services incurred Out-of-Network:** Copays, Deductibles, and Coinsurance will apply toward your Total Health Care USA Network obligations. Total Health Care USA will pay fee screens, Medicare fees, or Usual and Customary rates for out-of-network emergency services, including professional fees and ambulances. Any balance-billing by the provider if they do not agree to accept the reimbursement will be Member responsibility.
- If you seek services without a referral and Prior Approval when required, you will be required to pay for the cost of the services. You will also pay for services that are beyond those approved, beyond benefit maximums, or excluded from Coverage. You or your Physician must call (313) 871-2000 to obtain Prior Approval for services. Report emergency inpatient admissions to us as soon as reasonably possible after admission.

See Section V of your Certificate for Covered and Non-Covered Services. It includes the summary of Covered Preventive Health Care Services for which you are entitled without any cost share. Total Health Care USA's complete Preventive Health Care Guidelines are available from our Customer Service Department. Please call (313) 871-2000.

Services	Benefit
Hospital Services, including radiology and laboratory services facility fees	
Inpatient Care and Acute Care Services (including delivery of a newborn)	20% Coinsurance after Deductible
Hospital Outpatient Care	20% Coinsurance after Deductible
Hospital Observation Care	20% Coinsurance after Deductible
Medical Emergency and Urgent Care Services	
Emergency Room Services	20% Coinsurance after Deductible (subject to additional balance-billing if out-of-network; refer to COC)
Urgent Care Center Services	20% Coinsurance after Deductible
Emergency Transportation/Ambulance	20% Coinsurance after Deductible (subject to additional balance-billing if out-of-network; refer to COC)
Professional Physician Services (Primary and Specialty Care)	
Office/Home Visits and Consultations (to treat sickness or injury)	20% Coinsurance after Deductible
Preventive Health Care Services (See Section V 5.02 of your Certificate)	100% Covered
Maternity Services (prenatal, postnatal, maternity education)	100% Covered
Inpatient Hospital Visits	20% Coinsurance after Deductible
Inpatient Surgical Procedures (including transplants)	20% Coinsurance after Deductible
Ambulatory Surgery Center Services, Outpatient Surgery	20% Coinsurance after Deductible
Allergy Testing and Serum	20% Coinsurance after Deductible
Other Specialty Care	
Infertility Services (to address underlying causes only)	20% Coinsurance after Deductible
Temporomandibular Joint Dysfunction/Syndrome	20% Coinsurance after Deductible
Orthognathic Surgery	20% Coinsurance after Deductible
Accidental Dental	See Orthognathic Surgery Benefit

Shading represents a service with a benefit restriction

Services	Total Health Care USA Network
Bariatric Surgery (one per lifetime)	20% Coinsurance after Deductible
Plastic/Cosmetic/Reconstructive Surgery (requires Prior Approval and must meet criteria as Medically/Clinically Necessary)	20% Coinsurance after Deductible
Dietician Services/Nutritional Counseling (up to six visits per Contract Year)	20% Coinsurance after Deductible
Diabetes Education Weight Loss Services	20% Coinsurance after Deductible 100% Covered
Behavioral Health Services	
Requires Prior Approval from Behavioral Health Provider, call (855) 377-2416	
Mental Health Inpatient Facility Care (including partial hospitalization and residential facility)	20% Coinsurance after Deductible
Professional Services while Inpatient	20% Coinsurance after Deductible
Mental Health Outpatient Care (includes Group Therapy - Professional Services)	20% Coinsurance after Deductible
Substance Use Services (includes facility services for inpatient detox, subacute, intermediate care, residential and outpatient evaluation/therapy)	20% Coinsurance after Deductible
Professional Services for Inpatient Substance Use Services	20% Coinsurance after Deductible
Professional Services for Outpatient Substance Use Services	20% Coinsurance after Deductible
Autism ABA Benefits	20% Coinsurance after Deductible
Rehabilitative and Habilitative Medicine Services	
Rehabilitative: <ul style="list-style-type: none"> • Physical and Occupational Therapy, Chiropractic and Osteopathic Manipulations (combined benefit up to 30 visits per Contract Year) • Speech Therapy (30 visits per Contract Year) 	20% Coinsurance after Deductible
Habilitative Services: <ul style="list-style-type: none"> • Physical and Occupational Therapy, Chiropractic and Osteopathic Manipulations (combined benefit up to 30 visits per Contract Year) • Speech Therapy (30 visits) • Autism: No visit limit for PT/OT, ST 	20% Coinsurance after Deductible
Cardiac Rehabilitation and Pulmonary Rehab (combined benefit up to 30 visits per Contract Year)	20% Coinsurance after Deductible
Habilitative and Rehabilitative Devices	20% Coinsurance after Deductible

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Services	Total Health Care USA Network
Other Services	
Radiation Therapy	20% Coinsurance after Deductible
Dialysis Services	20% Coinsurance after Deductible
Chemotherapy Medical Benefit (Doctor Dispensed) Pharmacy Benefit	20% Coinsurance after Deductible
Infusion Therapy	20% Coinsurance after Deductible
Radiology Examinations (in a non-hospital setting facility) including MRI, MRA, CT, PET Scans	20% Coinsurance after Deductible
Laboratory Services	20% Coinsurance after Deductible
Prosthetic and Orthotic Support Services	20% Coinsurance after Deductible
Durable Medical Equipment for rent, purchase, or repair (including oxygen and enteral nutrition products) <i>Specific Network Provider</i>	20% Coinsurance after Deductible
Home Health Care	20% Coinsurance after Deductible
Hospice Care	20% Coinsurance after Deductible
Eyeglasses on selected lenses and frames Adults - one pair every 2 years Children up to 18 yrs - one pair yearly	20% Coinsurance after Deductible
Eye Exam (one yearly)	20% Coinsurance after Deductible
Hearing Aid Exam and Hearing Aids	Not Covered
Skilled Nursing Facility (up to 45 days maximum per Contract Year)	20% Coinsurance after Deductible

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